

La Clínica

Social Determinants of Health Data

Year 2 – PRAPARE Data Collection



Maria Reyes, Community Health Education Manager

La Clinica's efforts to identify SDH

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- La Clinica's pilot project to identify the SDH that affect the patients and their families.

What **Makes**
Us Healthy



What We **Spend**
On Being Healthy

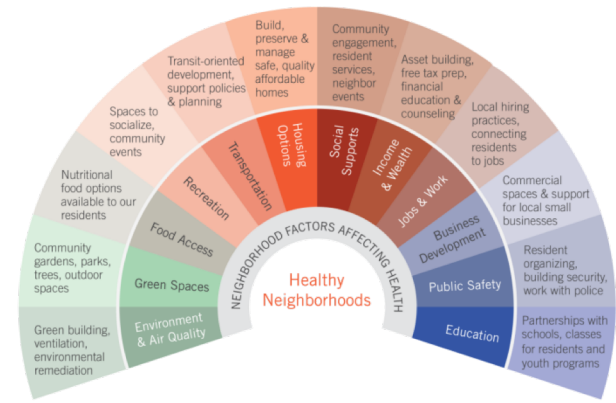


Source: *Bipartisan Policy Center, June 2012*
http://bipartisanpolicy.org/sites/default/files/5023_BPC_NutritionReport_FNL_Web.pdf

Why is this important to our work?

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- Collecting data on SDH will enable us to document the complexity of our patient population
- Reinforces the case to funders and policymakers about the need for services for our community and patient population
- Allows Community Health Education department to make decisions regarding program design that helps address patient's needs.



Implementation of PRAPARE Tool

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- Protocol for Responding to and Assessing Patient Assets, Risks and Experiences.
- Evidence based tool with 28 questions: used to gather data about social determinants of health that have an impact on people's health
 - A tool used to start a conversation, collect data in a structured way
 - Voluntary- patient can decline to answer all or some questions

Pilot Project Implementation

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- Different workflows worked for different staff – depended on availability and type of setting they worked in
- Community Health Educators (CEC) during enrollment activities
- La Clinica's waiting room areas
- Contra Costa Cares Patients- over the phone



Data Collection

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- 512 Questioner Data Collected from May 2017 to Present
- Main areas of need identified
 - a. Food
 - b. Housing
 - c. Mental Health (Stress, anxiety, depression)
 - d. Immigration Legal Assistance
 - e. Transportation



FINDINGS ABOUT HOUSING

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HOUSING QUESTIONS

- How many family members, including yourself do you live with?
- What is your housing situation today?
- If you have housing, are you worried about losing your housing?

FUNDINGS (412 Surveys)

- 90.8% had housing
- 26% was worried about losing housing



Housing Needs Identified

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- Patients feel at risk of losing housing due to high cost or life changes.
- Multiple family members or acquaintances live in one unit in order to afford housing cost.
- Low income housing is limited-long wait list.
- Some families have limited means to demonstrate income to be able to rent/lease on their own.
- Senior housing and some low income housing requires demonstrating SS#
- Housing cost affect other aspects (food, transportation, utilities etc.)

Referral Process

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- CHE staff provide resource information during the conversation.
- In some cases patients are referred to the La Clinica's case manager to assist them with linking them to other services (ECHO housing, PG&E discount program, other.)
- Refer to 2-1-1 and continue to gather resources that could assist patients with warm hand-off to services



THANK YOU

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Questions?

