

Planned Parenthood Breastfeeding Accommodation Policy

Rationale:

California Law requires that all California employers must provide a reasonable amount of break time and make a reasonable effort to provide a private space, other than a toilet stall, close to the employees' work area, to accommodate an employee desiring to express breastmilk for her baby.

Planned Parenthood strives to promote health and wellness among its staff and serve as a role model for our patients.

- *Breastfeeding has lifelong positive health benefits for mothers and babies.*
- *Breastfed Infants are less likely to become ill*
- *A substantial proportion of employee's lost work time can be attributed to child health problems.*
- *Breastfeeding mothers are half as likely to miss a day of work for a sick child compared to mothers of formula feeding infants.*

Policy Statement:

Planned Parenthood will establish a positive, accepting atmosphere toward breastfeeding mothers and working women returning to work that want to continue to feed their baby breastmilk.

- *Provide time to express breastmilk during work hours*
- *Provide a clean and pleasant room to express milk and/or breastfeed*

Implementing the Policy

Planned Parenthood Breastfeeding Policy will be posted and explained to paid staff and volunteers within our organization

"Pledge the Practice. Pass the Policy"

*HA45: A collaborative project to prevent obesity among Contra Costa children age 0-5
Breastfeeding Accommodation Policy*