

Healthy Beverage Policy

The Family Justice Center strives to promote health and wellness for staff, partner agencies, clients and their families.

As mentors and role models for children and families, we need to work hard at maintaining a healthy image at work and providing healthy opportunities and choices to our community and clients. Therefore,

- Our agency will not serve sugar sweetened beverages or 100% fruit juice to children at any of our agency's events, activities or celebrations.
- Water will always be provided free of charge. Whenever possible, water will be served in pitchers.
 - Children and families will be provided with reusable, BPA-Free, recyclable sports bottles.
- Alternative beverages for children might include healthy alternatives such as:
 - Herbal Tea
 - Nonfat or 1% milk (plain, not flavored)
 - Whole fruit slices in place of 100% juice

Effective 5/20/14

1210 Hilltop Mall Rd. Suite 110D ▪ Richmond, CA ▪ Phone: 510.965.4949 ▪ Fax: 510.262.0257

The WCCFJC is a project of Tides Center