



Our mission is to support the development of healthy children and the self-sufficiency of all families living in the Iron Triangle area of Richmond California by engaging the community, block by block.

Nutrition Policy for Preschool Enrichment Program

- We will not serve sugar sweetened beverage to children during Preschool Enrichment Program (PREP).
- We will provide low-calorie whole grain cereal snacks and fresh fruits and vegetables
- We will serve whole fruit slices and water in place of 100% juice
- We will always have water available for children and their families
- We will offer 1% milk (plain)

Implementing Policy

Our organization's Healthy Food and Beverage Policy will be distributed to parents and participants in the Preschool Enrichment Program, explained to childcare providers, clients and volunteers within our organization, collaborators, contractors and grantees. Our organization will conduct a workshop to present our new food and beverage policy to families that participate in our program.